

Tapan Cuka

Origin: Macedonia

Source: Vlasto Petkovski

Formation: open circle, hands joined and held down. Face CCW

Rhythm: 7/8 (**slow**, quick, quick) (1, 2, 3)

Notation: Dale Hyde, January 2017

Measures:

Pattern:

Introduction: Instrumental

Part 1: (vocal)

- 1 Moving CCW, 3 steps R-L-R (1, 2, 3)
- 2 Continue with 3 steps L-R-L (1, 2, 3) ending facing centre.
- 3 Move backwards diagonally Right with 3 steps R-L-R (1, 2, 3)
- 4 Facing centre, step on L foot to the Left (1), step on R foot crossed in front of the L foot (2), step on L foot in place (3).
- 5 Step on R foot to the Right (1), step on L foot crossed in front of the R foot (2), step on R foot in place (3).
- 6 Let go hands and turn CCW in place with 3 steps L-R-L (1, 2, 3).
- 7 2 steps in place R (1)-L (2,3) rejoining hands.

Repeat measures 1 – 7 two more times.

Part 2: (Instrumental)

- 1 Hands are held in “W” position. Move toward the centre with 3 steps (R-L-R) (1, 2, 3)
- 2 Continue moving toward centre with 3 steps (L-R-L) (1, 2, 3)
- 3 Step to the Right on the R foot (1) and lift the Left leg (2, 3)
- 4 Step to the Left on the L foot (1) and lift the Right leg (2, 3).
- 5 Moving backwards away from centre with 3 steps (R-L-R) (1, 2, 3)
- 6 Continue moving backwards with 3 steps (L-R-L) (1, 2, 3)
- 7 Repeat measure 3, Part 2.
- 8 Repeat measure 4, Part 2.

Presented by Dale Hyde

UK Tour March 2017